

## ***Lansing Essential Oils Newsletter***

***William Lansing***

***YL #340519***

April 2018

3266 275<sup>th</sup> St, Worthington, IA 52078

563-926-2534

Lansingessentialoils.com

Lansingessentialoilsinc@gmail.com

**Newsletter specific:** Lansingessentialoilsnewsletter@gmail.com

---

***We do not treat or diagnose. This newsletter is intended for informative purpose ONLY. If you have an illness or personal issue it is always best to consult your physician.***



## **Get a Breath of Fresh Air with April's PV Promo**

Spring is the perfect time to get a fresh perspective and try something new, so we rounded up some of our favorite products to help you invigorate and refresh every day. With goodies for everything from booking to self-care. April PV will make your smile as bright a spring's first sunny days!

**100 PV – Retail Value \$14.47** - Bonus Essential Rewards exclusive **5mL Basil Vitality**  
Indulge in this bright season by adding the herbaceous flavor of Basil Vitality to your sauces, marinades, and dressings.

**190 PV – Retail Value \$73.03**– 15mL Tea Tree, Essential Rewards Exclusive 15mL Fennel and 5mL Basil Vitality. Add a few drops of Tea Tree to your facial cleanser and welcome spring with a fresh face and clean scent. Use Fennel’s grounding aroma to renew your perspective and jump into a season of new opportunities.

**250 PV – Retail Value \$91.78** – Wool Dryer Balls, 15mL, Tea Tree, Essential Rewards Exclusive 15mL Fennel and 5mL Basil Vitality. Freshen you day and your laundry with these premium wool dryer balls. They naturally soften laundry and speed up dry time!

**300 PV – Retail Value \$138.82** – Allerzyme, Wool Dryer Balls, 15mL, Tea Tree, Essential Rewards Exclusive 15mL Fennel and 5mL Basil Vitality. Use Allerzyme and munch on seasonal favorites without fear of the occasional pressure, pain, and bloating that sometimes occurs after eating.

## April’s Highlighted Product of the Month

Item #3538

Eucalyptus Radiata 15mL

Wholesale: \$19.00



Eucalyptus Radiata essential oil comes from an evergreen tree native to Australia. Steam distilled from the leaves, Eucalyptus Radiata essential oil is loved for its fresh, sharply clean aroma. Diffuse Eucalyptus Radiata oil to promote a stimulating and rejuvenating environment. There are many other Eucalyptus Radiata uses loved by members, including using it in invigorating massage after activity.

In our home Eucalyptus Radiata is the go to oil for that stuffy or running nose. That persistent cough you just can’t seem to shake. Similar to the effects proclaimed by Vicks<sup>®</sup> Vapor Rub put a few drops of Eucalyptus on the bottoms of the feet before bed, and sleep soundly the whole night through! Some research indicates its ability to stimulate the respiratory system makes it an asset to those who suffer from season allergies.

**Directions:** Dilute 1 drop in a mixing oil and apply to desired areas as needed (note: you may want to avoid sensitive areas such as the eyes and mouth). You can also diffuse this oil 30 minutes 3 times daily (I like to combine it with Peppermint to really clear out those sinuses).

## April's Topic: How to Share Essential Oils with Others

Sadly, not everyone knows of essential oils and how they can benefit from usage of Young Living products. While you may be giddy to share with the details of essential oils, it is important to let them know all the different uses of our products. Correct and precise information is key.

### Different types of Young Living Products

There are many different “categories” of Young Living products, each classified for its specific uses and purposes.

#### Cosmetic Products

Cosmetic products are products that you can apply or use externally. They are typically used to moisturize, cleanse, beautify, and maintain the appearance of healthy skin or hair. They can also be used for aromatic purposes. The products are usually labeled “essential oil” with directions on the back of the label.

**Note:** *Cannot* be advertised to affect a function or structure of the body.

#### Dietary Supplements

Dietary supplements are ingested. Young Living’s dietary supplements come in form of the line of “Vitality” essential oils, powders, capsules, and other liquids. They are intended to support normal and healthy functions of the internal body systems.

**Note:** *Can* make certain claims of change to the function or structure of the body.

#### Cleaning Products

Young Living carries products specifically for cleaning purposes and be should be presented as such. Not recommended for aromatic, topic, or internal use.

#### Over the Counter Products

Products that can be purchased without prescription and used without supervision of a health professional. OTC products must follow strict guidelines for ingredients, dosses, formulations, labeling, safety, effectiveness and marketing.

### Sharing Compliancy

In the US, only a registered drug can be promoted to diagnose, treat, cure, or prevent a disease or condition in a human or animal. It is very important to understand how a product is labeled and what product claims can be made when sharing. You should avoid making direct or implied claims the present Young Living products as a treatment or cure to a specific disease.

***Happy Sharing!***

**WILLY WILL BE OUT OF THE OFFICE FROM APRIL 15<sup>TH</sup> THRU MAY 15<sup>TH</sup>. IF YOU NEED ASSISTANCE DURING THIS TIME PLEASE REACHOUT TO YOUR DIRECT UPLINE OR COLLEAGUE.**

### **Lemon-Lavender Bath Salts and Detox**

*Treat yourself with a calming bath detox by using your own bath salts with this month's DIY.*

1 Cup Epsom salt                      5 Drops Lemon essential oil  
¼ Cup baking soda                5 Drops Lavender essential oil  
Jar with lid

1. Stir Epsom salt and baking soda in small jar.
2. Add 5 drops of each Lemon and Lavender essential oils and stir again.
3. Keep in jar for 3 months or add full amount to bath water and soak for at least 20 minutes.
4. Once out of the bath, drink a large glass of water.

**Note:** For full benefits, take a bath detox at least twice a week.