

Lansing Essential Oils Newsletter

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We do not treat or diagnose. This newsletter is intended for informative purpose ONLY. If you have an illness or personal issue it is always best to consult your physician.



We know you don't slow down when the seasons change, so this month's PV promotion is full of products that can keep up! As the days get shorter and the temperatures drop lower, use these fall favorites for all the support you need to keep the pace you've set the whole year through.

100 PV – Retail Value \$9.87 - Bonus Essential Rewards exclusive **5mL Clove Vitality**. Add this favorite flavor to your seasonal treats! Use a drop in your tea, homemade cider, oatmeal, gingerbread, and more. Promote a healthy immune response with a spicy kick! Clove Vitality may support overall wellness and has been used traditionally for thousands of years.

190 PV – Retail Value \$90.46– **Inner Defense**, Essential Rewards Exclusive **15mL DiGize** and **5mL Clove Vitality**. Support a healthy immune system as the days get chilly. Inner Defense supports the body's natural defenses and provides antioxidant support now and all year long. Take Inner Defense with your daily shot of NingXia Red for a powerful combination to help support your whole body. Apply DiGize to your abdomen, chest, and wrists for a soothing massage that can help relieve slight digestive discomfort. Unwind after the busyness of dinnertime with the spicy herbaceous scent of DiGize. Apply it topically wherever necessary for a moment of gentle relaxation

250 PV – Retail Value \$107.89 – **Thieves Foaming Hand Soap**, **Inner Defense**, Essential Rewards Exclusive **15mL DiGize** and **5mL Clove Vitality**. Keep it clean with a naturally derived hand soap enhanced with the power of Thieves essential oil blend. Store it in the kitchen, bathroom, laundry room, and anywhere you need to wash up. Give this household favorite to friends and family as a housewarming gift, part of a holiday present, or a new neighbor welcome.

300 PV – Retail Value \$241.12 – **15mL ImmuPower**, **5mL Manuka**, **Thieves Foaming Hand Soap**, **Inner Defense**, Essential Rewards Exclusive **15mL DiGize** and **5mL Clove Vitality**. Feeling low? Apply ImmuPro to the back of your neck to elevate your day with an aroma that encourages positive energy. Use this powerful blend of Hyssop, Frankincense, and other pure essential oils at the start of your day for an uplifting aroma that helps you maintain a steady outlook throughout any season

Do you want super radiant-looking skin through the dry and dreary months? Begin and end your day with a facial routine that uses Manuka to support the appearance of a youthful glow. Prep your face for your favorite makeup from Savvy minerals by Young Living. Rub a drop between your hands and pat into your skin for skin-loving goodness with each application.

Heartburn and Indigestion? Don't hit the pink stuff!

September is the start of football season, which means tailgating, wings, chili and all things heartburn. Don't miss kick-off, kick it with a few of these you can easily pack in your tailgating essentials.

On the spot relief

Lemon Juice – Lemon juice helps the stomach stop making digestive acids, therefore alleviating heartburn or other stomach ailments. Mix the juice of ½ a squeezed lemon in 8oz of water and sip slowly.

DiGize – Heartburn, diarrhea, stomach cramps? This blend does include “hot” oils, so you may want to mix with a carrier oil before application. Apply to Vita Flex points on the feet and ankles, or on desired locations as needed.

JuvaCleanse – Dilute with a carrier oil and apply topically to the aggravated areas or Vita Flex points on the hands and feet.

TummyGize – For the littlest of upset bellies, recommended for ages 2-12. This gentler formula for relief does not require a carrier oil, it can be applied directly to the skin (use caution with sensitive skin areas).

Proactive approach

Enzyme Support – Enzymes are naturally found in your digestive system. They are what helps breakdown the food you eat to release the nutrients for absorption and then digest the waste. Many enzymes can be found in the foods we eat. However, the more a food is processed the more enzymes are lost (example: cooking vegetables breaks down the enzymes) highly processed foods (foods with preservatives) have more enzyme inhibitors than fresh food.

Try these daily supplements from Young Living: Essentailzymes-4, Detoxzyme, and Allerzyme for enzyme support. ComforTone is a great daily supplement to improve digestion.

Heartburn Blend

Mix in a roll for handy application.

- 8 drops Sage or Sage Vitality
- 3 drops Royal Hawaiian Sandalwood
- 2 drops Basil or Basil Vitality
- 1 drop Idaho Tansy or Palo Santo
- ½ tsp carrier oil (IF MIXING IN A ROLL ON)

Apply on desired location 3-6 times daily. Drive the oils in with a warm compress over the stomach. Or apply to Vita Flex points of the feet.

September's Highlighted Product of the Month

Valor Essential Oil 15mL

Item #3430

Wholesale: \$39.75



Valor Roll On 10mL

Item #3529

Wholesale: \$49.75



We refer to this oil as the chiropractor in a bottle. The Valor blend was formulated to balance energies and instill courage, confidence, and self-esteem. It helps the body self-correct its balance and alignment. This empowering combination of therapeutic-grade essential oils works with both the spiritual and physical. Renowned for its strengthening qualities, Valor enhances an individual's internal resources. This very popular blend is now available in a portable, convenient, roll-on application.

When using Valor with other oils ALWAYS apply Valor first and wait 5 to 10 minutes before applying additional oils. This oil is the first oil used in the Raindrop Massage Technique followed by a spiritual balancing of the body.

Ingredients: Black Spruce, Rosewood, Blue Tansy, Frankincense, Caprylic/Capric triglyceride.

Directions:

Aromatic: Diffuse up to 1 hour 3 times daily

Topical: Dilution not required except for the most sensitive skin. Apply generously on feet, wrists, shoulders, and back of neck to ease tension. Wear as a fragrance.

Fall Inspired Diffuser Blends

Pumpkin Pie

4 drops Cardamom
1 drop Cinnamon Bark
1 drop Clove
2 drops Orange

Spiced Cider

4 drops Orange
3 drops Ginger
3 drops Cinnamon Bark

Cozy Flannel

5 drops Bergamot
4 drops Orange
3 drops Stress Away

A Walk in the Woods

3 drops of Frankincense
2 drops Idaho Blue Spruce
1 drop Cedarwood

Spiced Chai

3 drops Cardamom
2 drops Cinnamon Bark
2 drops Clove
1 drop Ginger

Falling Leaves

5 drops Orange
1 drop Patchouli
1 drop Ginger