

Lansing Essential Oils Newsletter

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We do not treat or diagnose. This newsletter is intended for informative purpose ONLY. If you have an illness or personal issue it is always best to consult your physician.

Coming into the colder months please keep a couple of things in mind:

If you are receiving a shipment of Ningxia Red or other liquid (non-oils) they are subject to freezing and expanding which could lead to broken containers. Either make other delivery arrangements, or purchasing options (2oz singles rather than bottles)



Start off your new year with a sense of purpose and motivation with a bundle of uplifting, wholesome products in this month's PV Promo!

100 PV – Retail Value \$8.22 - Bonus Essential Rewards exclusive **5mL DiGize Vitality**. Boost your body. More night owl than morning person? Wake up, get moving, and add DiGize Vitality to your herbal tea with honey to support your digestive system. Travel wise when hitting the road in the new year. Use DiGize as a supplement when you're giving new foods a go.

190 PV – Retail Value \$52.95– Life 9, Essential Rewards Exclusive **15mL Citrus Fresh** and **5mL DiGize Vitality**. Embrace the moment and accept new opportunities with a positive attitude. Create a focused environment each morning with a burst of Citrus Fresh aroma in your diffuser. Surround yourself with fresh vibes and keep uplifting aromas everywhere. Add a few drops of Citrus Fresh to water and spray on linens and laundry for its fresh, invigorating scent.

Practice whole-life wellness. Take Life 9 to support healthy digestion. Every part of your body needs comfort and care. Maintain your wellness. Working toward your goals comes easier when you feel your best. Take Life 9 daily to support your healthy immune system.

250 PV – Retail Value \$90.78 – 15mL Longevity, Life 9, Essential Rewards Exclusive **15mL Citrus Fresh** and **5mL DiGize Vitality**. Take a fresh approach and add longevity to your morning skin care routine to promote youthful-looking skin. Let your look match your outlook. Give your skin care routine a refreshing boost by mixing this essential oil blend in your skin care products.

300 PV – Retail Value \$130.91 – 5mL PanAway, 15mL Longevity, Life 9, Essential Rewards Exclusive **15mL Citrus Fresh** and **5mL DiGize Vitality**. Start your morning strong. Soothe your muscles after yesterday's workout with the cooling, stimulation sensation of PanAway and get ready to hit the ground running again today! Get invigorated! Use this proprietary blend with V-6 Vegetable Oil Complex in a supercharged mesh and should massage.

Building Your Business – Let us help

Many of us sign up with Young Living as a way to improve our own lives. However, Young Living can do so much more for you than that. Do you have a financial goal for 2019? Young Living can help you with that. Besides spreading the impact Young Living has made on your life to your friends and family, try a few of these resources also available.

Live your Passion Rally – Quarterly

The first Live your Passion Rally (LYPR) of 2019 is January 19th. This rally is held around the globe! The last LYPR in October had 2,800 hosts in 40 countries and more than 150,000 attendees! Visit Young Living Events to find a LYPR near you! Sign up and bring a friend, as an attending member you'll learn how to build a thriving business and get a look at new products. You will receive business training, and benefit from networking opportunities and much more. Attendees at LYPR events have been shown to enroll 25% more new members than those who don't attend!

Drop of Inspiration Podcast

Enjoy every ounce of the Drop of Inspiration Podcast by subscribing via your favorite podcast platform today! Encourage friends and family to do the same, and get insider perspective on projects, products, and YL as a whole.

Help 5

This is a monthly incentive that rewards you for adopting habits that will help you build your business. There is no purchase, payment, or registration necessary to be eligible for an incentive. Earn 5 points every month by helping others discover Young Living and enjoy a monthly incentive for your hard work. Earn a point by doing one of the following: Personally enroll a new member with a Premium Starter Kit. Personally enroll a member for Essential Reward with a 50 PV order. Reactivate a member's account with a new Premium Starter Kit. Reenroll a member of your downline in Essential Rewards with a 50 PV order.

Shareable Media

In today's age the best way to reach a broad audience is through social media. Make a point to share something on your social media accounts at least once a week. Your Young Living Virtual Office offers a large amount of designed graphics that can be shared directly from the website you're your Facebook, Pinterest, Twitter, and more sites!

Host a live event through social media! This can be done ANYWHERE! Take the kids to the park and take 5 minutes to tell your fellow followers about your favorite product and why! Always be sure to include how they can contact you to learn more or sign up for themselves.

Keep track of your downline

These are the people that should mean the most to you in your business. Help them to succeed, by helping them you help yourself. Log in to your YL Virtual Office. Under My Organization select Downline Viewer and the Reports tab at the top. This is an easy way to stay connected. Send emails, follow up on accounts about to go inactive, or who haven't ordered in a while. Send a welcoming package or email to a new member, or host an event with fellow leaders in your downline.

January's Highlighted Product of the Month

Fulfill Your Destiny 5mL

Item #21284

Wholesale: \$34.75



Fulfill Your Destiny is a complex and invigorating blend of nine essential oils: Tangerine, Frankincense, Nutmeg, Cassia, Cardamom, Clary Sage, Black Pepper, Idaho Blue Spruce, and Neroli. Sweet, spicy, and fresh this unique blend can be used aromatically and topically to create an empowering atmosphere and encourage feelings of clarity and motivation. Fulfill Your Destiny will help you find the focus and drive you need to achieve your goals and unlock your highest potential.

Uplifting, empowering, and inspiring, Fulfill Your Destiny essential oil blend is the ideal partner for your personal and business aspirations You can depend on it whenever you're looking for a clarifying aroma to help your focus on you journey and to unlock deeper purpose in your life.

Inhale during meditation or goal setting to support spiritual awareness. Place a few drops on the stationery of an encouraging note to a friend as a reminder that our destiny also involves how we interact with those around us. Add it to your favorite lotion, conditioner, or body spray for an inspiring aroma that provides beautifying benefits to your hair and skin.

Directions: Aromatic: Diffuse up to 10 minutes 3 times daily or directly inhale.

Topical: Dilute 1 drop with 4 drops of V6 or another pure carrier oil. Apply on heart, solar plexus, thymus, temples, ears, wrists, or desired locations as needed.

Essential Oils for a Healthy Winter

Chest/Feet Congestion Rub

- 2 Tbsp Coconut Oil
- 2 Drops Peppermint
- 2 Drops Eucalyptus
- 2 Drops Thieves
- 1 Drop Lavender

Rub generously on the chest and or feet before bedtime. Helps soothe coughs while sleeping.

Sore Throat

- 1 Cup hot water or tea
- 2 Drops Thieves Oil
- Honey to sweeten

Mix well and drink 2-3 times per day for sore throat relief, and to loosen congestion

Fever and Tension Relief

- 1 Drop Peppermint at the base of the skull

Moisturizer

- 2tbsp Coconut Oil
 - 2 Drops Lavender (or your favorite soothing oil, I like Gentle Baby)
- Apply or weather beaten, dry skin.

Baby Congestion Blend

- 2 Drops Frankincense
- 2 Drops Lavender
- 2 Drops Lemon

Diffuse in a large open room