

Lansing Essential Oils Newsletter

William Lansing

YL #340519

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Update on Willy from Joan:

On February 7th Willy suffered a severe stroke. He is currently at St. Luke's in Cedar Rapids for rehabilitation. He has made great progress so far, but still has a long road ahead of him. We appreciate all the phone calls, messages, and prayers. We have been incorporating our kids into the business, so nothing will change. If you need any assistance you can leave a message on the home phone 563-926-2534. Kathy can address business questions at 563-920-4730. Willy's cell phone is also being managed, you are welcome to leave messages or send texts there also 563-543-5418.

If you would like to send a note of encouragement you are welcome to address them:

Unity Point Health
St. Luke's Hospital
Room 618
PO Box 3026
Cedar Rapids, IA 52406-3026

thank you



Calling all go-getters, movers and shakers, and on-the-goers! Life can be chaotic as you reach for your dreams, care for your children, and conquer your checklists. With March's PV promotion, the ordinary yet necessary details of the day won't get in the way of your 2020 goals.

While you're tallying off those to-dos, remember to bring your travel bag! With critical decisions to make as head of the family, your business, or your own life, reach in and grab Valor for an extra dose of courage. As you scarf down a quick lunch, you'll need JuvaFlex Vitality to support your wellness so you can keep hustlin'. With these products and more – like an exclusive 15mL bottle of Gentle Baby – we're positive you'll keep cruising on the road to success!

100 PV - Retail Value \$52.30 – Valor Essential Oil 5mL. Give it all you've got. With a bit of bravery, a killer plan, a lot of effort, and the empowering scent of Valor, nothing can stand in the way of accomplishing everything you set your mind to. Keep on keepin' on. Wake up, start medicating with the sharp, revitalizing aroma of Valor, and get excited to do the little things that will make a big impact!

190 PV – Retail Value \$114.14– JuvaFlex Vitality 5mL, Clarity 5mL, Valor Essential Oil 5mL. Keep your focus with Clarity. While juggling your responsibility as a parent, spouse, business owner, and community leader, swipe Clarity on your forehead and let the scent boost your alertness. Be bold, be brilliant. As you sprint from school to work or from meeting to meeting, inhale the powerful aroma of Clarity straight from the bottle to remember how capable you are!

Find time to fuel your body. Before you rush out the door, make a green smoothie and add 2 drops of JuvaFlex Vitality to keep you full all the way to lunch and prevent drive-through munching. Stay on top of your game. For antioxidant and overall wellness support, take JuvaFlex Vitality in a vegetable capsule so you're always able enough for your aspirations.

250 PV – Retail Value \$139.14 – Travel Bag, JuvaFlex Vitality 5mL, Clarity 5mL, Valor Essential Oil 5mL. Take your oils everywhere. Nothing fuels stress like losing your oils at the bottom of your tote bag or backpack, but now you know just where those bottles are with this eye-catching lilac travel bag. Breathe in and out. With six loops for 15mL bottles and six loops for 5mL bottles, there's a spot for every on-the-go oil you need. With a reminder to inhale and exhale on the front, you'll be grounded and ready to keep going in no time.

300 PV – Retail Value \$203.28 – Gentle Baby 15mL, Travel Bag, JuvaFlex Vitality 5mL, Clarity 5mL, Valor Essential Oil 5mL. Soothe sweet babes. Between soccer practice and weekday errands, invite calm into your car by diffusing Gentle Baby with cotton balls placed in your air vents. Find simple joys. Adulting can be genuinely rewarding, despite the challenges. Inhale the nurturing scent of Gentle Baby on your wrists while writing down a few things you're grateful for.

Quick Order bonuses for one-time orders:

190 PV – Retail Value \$37.83 – JuvaFlex Essential Oil 5ml

250 PV – Retail Value \$62.83 – Travel Bag, JuvaFlex Essential Oil 5ml

300 PV – Retail Value \$126.97 – Gentle Baby 15mL, Travel Bag, JuvaFlex Essential Oil 5ml

***We do not treat or diagnose. This newsletter is intended for informative purpose ONLY.
If you have an illness or personal issue it is always best to consult your physician.***

As the weather continues to change please use caution when ordering NingXia Red. To prevent freezing or breakage we recommend colder climates order the 2oz single packs.

Spring Cleaning!

These bursts of warm weather have us opening our windows and doing some deep cleaning. The Thieves Home Cleaning Kit, has everything you will need to make your house shine and smell fresh and clean. It's the perfect introduction to natural cleaning and provides you with a foundation of cleaning tools and supplies to clean and protect your home without using harsh chemicals.

The kit includes: Citrus Fresh Essential Oil 5mL, Lemon Essential Oils 5mL, Pine Essential Oil 5mL, Purification Essential Oil 5mL, Thieves Essential Oil 5mL, Thieves Household Cleaner 14.4 oz, Carrying Case, Stainless Steel Bucket, Amber Glass Spray Bottle 16oz, Cleaning Cloth, Cleaning Recipe Booklet.

Thieves Household Cleaning Kit

Item #: 20421

Whs: \$62.50



March's Product of the Month

OmegaGize 120ct

Item # 3097

Wholesale: \$60.50



It's no secret that the majority of fad diets and health coaches preach the importance of Omega 3's in your daily diet. But which product do you choose? How do you know which one is best for you? I prefer to stay with a company and product that has proven their trust to me over the years. Young Living offers OmegaGize, this formula blends the omega-3 fatty acids DHA and EPA with powerful CoQ10, a vitamin-like substance that powers energy in every cell of the body while performing as an impressive antioxidant. I don't know about you, but most days my cells could use a jump start. The fish oil complex in OmegaGize is derived from some of the cleanest water on the planet and is enhanced with essential oils and mixed carotenoids for stability. OmegaGize also contains vitamins D and E.

It is clinically proven that omega-3 (EPA, DHA, ALA) fatty acid nutrients added to one's diet fortify and strengthen the body. There are good fats and bad fats. Omega-3 essential fatty acids found in fish oil are among the best good fats. Volumes of research confirm that omega-3 fats reduce systemic inflammation and support cardiovascular, joint, eye, and brain health.

While eating more fish is one way to consume these essential fatty acids, it is important to note that fish are often polluted with mercury and other toxins. Not to mention a person would have to consume a lot of fish on a regular basis (no the Mc D's Fish filet doesn't count). While eating a lot of fish can be worrisome due to

ocean pollutants, there are not worries with this formula, as OmegaGize actually tests lower than the maximum-allowable standard set worldwide to limit environmental pollutants. Even the capsule of OmegaGize is ocean-derived and ensures optimal omega-3 absorption with no fishy taste.

While OmegaGize is a great place to start I would recommend taking this with other supporting nutritional foundations. The Core Supplement Kit (Item 3506, WHS: \$184) includes OmegaGize, and its partners in health:

Life 9 – High potency probiotic, contains 17 BILLION live cultures from 9 beneficial bacteria strains. Promotes optimal gut health

Longevity – A daily antioxidant it includes Thyme, Orange and Frankincense essential oils

Master Formula – Contains vitamins, minerals, antioxidants, prebiotics for gut flora, designed to neutralize free radicals in the body.

Ingredients: Vitamin D (as cholecalciferol), Vitamin E (as tocotrienols), Proprietary OmegaGize Blend [omega-3 fatty acids (from fish oil) eicosatetraenoic acid (EPA), docosahexaenoic acid (DHA)], Coenzyme Q10 (as ubiquinone)], gelatin, silicon dioxide, purified water, vitamin A (from mixed carotenoids)

Essential Oils: Clove, German Chamomile, Spearmint.

Directions: take 2-4 capsules twice daily, 2 in the morning and 2 in the evening for daily maintenance. Take up to 8 capsules per day for greater health benefits.

**Essential Oils Desk Reference, 7th Edition, Life Sciences.*

Spring Burst Cupcakes

1 box yellow cake mix and necessary ingredients or your favorite cake batter.

Favorite vanilla/white frosting

3 Drops Lavender Vitality

3 Drops Citrus Fresh Vitality

Food Coloring (if desired)

Mix cake as directed on the box. I like to substitute softened butter for oil and milk for water. Add food coloring of choice to batter. I like violet to compliment the Lavender. Add 3 drops of Lavender Vitality and mix well. Separate into cupcake cups and bake as directed.

Mix 3 drops Citrus Fresh Vitality into frosting. Add coloring if you prefer (I like pink or orange). Once cupcakes have cooled decorate as desired.

NEWS FLASH:

CBD oil can now be included in your month PV order!

Upcoming Classes and Meetings

ALL classes listed are open to the public! You are welcome to attend any class that may be in your area.

Please contact us if you would like to have your meeting included in this newsletter. We are always happy to help spread the word!

Come to learn something new or bring a friend and introduce them to the amazing benefits of Young Living's products. We are always willing to help a member grow and teach them how to host their own meetings.

- Mar 5th** 6:30-8:30pm Hills & Dales 3505 Stoneman Rd, **Dubuque, IA**. Contact David & Claudia March 563-516-1127
- Mar 16th** 6:30pm Iowa Grape Vines Winery, 18345 55th Street, **Maquoketa, IA**. Claudia will be there at 5:30pm if you would like to be run on the Zyto. For more information contact Claudia at 563-516-1127.
- Mar 18th** 6:30pm Farm Bureau Office, 214 Winnebago St, **Decorah, IA**. Park in lot at rear, enter through lower level. Claudia will be there at 5:30 pm if you would like to be run on the Zyto. For more information contact Claudia at 563-516-1127.
- Mar 19th** 6:30pm Pizza Hut 1129 E. Main St, **Manchester, IA**. Claudia will be there at 5:30pm if you have specific topics to discuss. For more information contact Claudia at 563-516-1127.
- Apr 2nd** 6:30-8:30pm Hills & Dales 3505 Stoneman Rd, **Dubuque, IA**. Contact David & Claudia March 563-516-1127

We can help you grow your business!

Please contact us if you would like to have your meeting included in this newsletter. We are always happy to help spread the word!

Have friends and family looking for more information? We can help you start hosting your own monthly classes!