

Lansing Essential Oils Newsletter

William Lansing

YL #340519

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3266 275th St, Worthington, IA 52078

563-926-2534

Lansingessentialoils.com

Lansingessentialoilsinc@gmail.com

Newsletter specific: Lansingessentialoilsnewsletter@gmail.com

Update on Willy from Joan:

Willy is making great progress in his stroke rehabilitation. Willy was discharged from the hospital and has been rehabilitating at The Views in Marion, his address is listed below if you would like to send him a note. During this crazy and stressful time, we appreciate all the phone calls, messages, and prayers. It is still business as usual for Lansing Essential Oils, if you need assistance you can leave a message on the home phone 563-926-2534. Kathy can address business questions at 563-920-4730. Willy's cell phone is also being managed, you are welcome to leave messages or send texts there also 563-543-5418.

If you would like to send Willy a note of encouragement you are welcome to address them:

The Views Senior Living of Marion

Willy Lansing

Room 106B

720 Oakbrook Dr.

Marion, IA 52302

thank you



Spring is a time for new beginnings, growth, and deep cleaning. This month, give your home a fresh start with the green-cleaning essentials in April's PV promo. Instead of using dryer sheets laden with chemicals and synthetic fragrances, pop in a premium dryer ball handmade with love from all-natural wool. For a crisp, clean scent to your clothes, add a couple drops of purification to each of the dryer balls. Be sure to let the oil dry fully before you put the balls in with your clothes. Then get your whole home smelling amazing with cleaning solutions mixed up in an exclusive glass spray bottle and infused with essential oils like Cinnamon Bark, Lemon, and More.

NEWS FLASH:

CBD oil can now be included in your month PV order!

100 PV - Retail Value \$25 – Eucalyptus Radiata Essential Oil 15mL. Kick out kitchen stink. Diffuse Eucalyptus on its own or with Lemon and Rosemary to get that clean kitchen scent – even if you still have dirty dishes in the sink. Make clean smell green. If you don't love the smell of your vinegar-based cleaning recipes, infuse them with the spa-like scent of Eucalyptus Radiata.

190 PV – Retail Value \$80.20– Tea Tree 15mL, Branded Spray Bottle, Eucalyptus Radiata Essential Oil 15mL. Dabble in DIY. Instead of compromising on iffy ingredients, blend your own botanically based cleaners in this spray bottle. Clean with confidence. Thanks to the dilution chart on the back of the bottle, you can ditch any doubt when using Thieves Household Cleaner.

Tackle tough stains. Make your own sink and shower scrub with 10 drops Tea Tree, 1 cup baking soda, and ¼ cup dish soap. Make bad smells a memory. If your towels still smell after washing, spray them with a mixture of ½ cup water, ¼ cup witch hazel or rubbing alcohol, and 30 drops Tea Tree.

250 PV – Retail Value \$116.05 – Lemon Essential Oil 15 mL, Clove Essential Oil 15 mL, Tea Tree 15mL, Branded Spray Bottle, Eucalyptus Radiata Essential Oil 15mL. Get rid of gunk. Dampen a cloth with 2 drops of Lemon and use it to rub away residue left behind by stickers, labels, and glue. Add some cheer to chores. Diffuse Lemon for an uplifting and energizing aroma as you tackle tough messes.

Spice up your cleaning routine with Clove. Add a few drops of Clove to your cleaning products for a warm, cozy scent. Refresh your rugs. Make a natural rug deodorizer with 2 cups baking soda and 10-15 drops of Clove or any other essential oil.

300 PV – Retail Value \$148.62 – Cinnamon Bark Essential Oil 5mL, Lemon Essential Oil 15 mL, Clove Essential Oil 15 mL, Tea Tree 15mL, Branded Spray Bottle, Eucalyptus Radiata Essential Oil 15mL. Make stuffy spaces feel cozy. Add 4 drops of Cinnamon Bark to a glass spray bottle filled with water and use as a room spray to refresh stale air. Make dish duty smell yummy. Put a few drops of Cinnamon Bark in your dish soap for a warm spicy scent that smells good enough to eat.

400 PV – Retail Value \$224.15 – Purification Essential Oil 15 mL, Premium Dryer Balls, Cinnamon Bark Essential Oil 5mL, Lemon Essential Oil 15 mL, Clove Essential Oil 15 mL, Tea Tree 15mL, Branded Spray Bottle, Eucalyptus Radiata Essential Oil 15mL. Go green in the laundry room. Unlike single-use dryer sheets, this set of four wool balls can be used over and over again to reduce drying time and static cling. Any essential oils added to the balls must dry fully before the balls are put in the dryer. Support someone's fresh start.

These dryer balls and the cotton bag that they come in provide fair wages to women in Nepal, many of whom are single mothers, widows, and survivors of trafficking.

Freshen your laundry. Add 2 drops of Purification to wool dryer balls, be sure to let dry fully, and toss in with your load for great smelling clothes. Banish bathroom odors. Moisten a cotton ball with a drop or two of Purification and stash between the trash can and liner.

Quick Order bonuses for one-time orders:

190 PV – Retail Value \$35.20 – Tea Tree 15mL.

250 PV – Retail Value \$71.05 – Lemon 15mL, Clove 15mL, Tea Tree 15mL.

300 PV – Retail Value \$103.62 – Cinnamon Bark 5mL, Lemon 15mL, Clove 15mL, Tea Tree 15mL.

400 PV – Retail Value \$179.15 – Purification, 15mL, Premium Dryer Balls, Cinnamon Bark 5mL, Lemon 15mL, Clove 15mL, Tea Tree 15mL.

**Due to COVID 19 the wool dryer balls are on backorder. We will ship these separately as soon as they are available.*

***We do not treat or diagnose. This newsletter is intended for informative purpose ONLY.
If you have an illness or personal issue it is always best to consult your physician.***

COVID-19 and Young Living

During this time of uncertainty Young Living is taking many steps to ensure the safety of their employees, farms, warehouses, and customers. Your patience and support during this trying time is greatly appreciated.

First, they are working diligently to get orders shipped as quickly as possible. The increase demand has made this task a little more challenging. Please know your products will ship as soon as possible.

International Grand Convention has been moved to online only. In an effort to keep our members and communities safe Young Living has moved the Grand Convention to a virtual event. They are also cancelling or postponing all farm tours, and major events at this time.

Additionally, if you order Thieves Hand Sanitizer it may come to you in an amber bottle with a pump. In an attempt to keep up with demand they are repurposing some materials. Rest assured it is the same great formula.

For more information please visit the Young Living website.

Staying Healthy in a Pandemic

First and foremost, follow the directions of the authorities. Isolate yourself from others as best as possible. When not possible, follow guidelines set in place to protect yourself and those around you. Please know that

this newsletter is not to be used as medical advice. We do not intend to treat, heal, or prevent any condition. Please seek the advice of a medical professional

Keep Calm and put your oils on!

If you don't have a Peace and Calming Roller, mix the following oils together and snap on a roller ball. Roll this on your wrists, back of your neck, and bottoms of your feet to find peace in this storm

18 Drops Geranium	30 Drops Roman Chamomile
15 Drops Orange	15 Drops Lavender
12 Drops Lavender	9 Drops Vetiver
9 Drops Clary Sage	

Diffuse your worries away

3 Drops Rosemary	3 Drops Peace & Calming
2 Drops Lavender	3 Drops Bergamot
2 Drops Orange	2 Drops Lavender
1 Drop Peppermint	1 Drop Spearmint

Try something new. When the days run together why not have breakfast for dinner too!

Dreamsicle Waffles

- 2 Cups all-purpose flour (or Young Living Einkorn flour)
- 4 Tbsp granulated sugar
- 4 tsp baking powder
- ½ tsp salt
- 2 eggs
- 1 ½ cups milk
- 6 Tbsp unsalted butter, melted
- 1 tsp vanilla
- 3 Drops Orange Vitality Essential Oil
- Fresh Strawberries

In a large bowl combine all dry ingredients. In a small bowl whisk together eggs and milk. Add in butter and vanilla. Whisk until well combined. Pour wet ingredients into dry mixture. Be careful not to overmix. Batter should be lumpy. Scoop into preheated waffle iron and cook as directed. Top with your favorite syrup and fresh strawberries.

Keep it clean

My biggest stressor lately comes from keeping my home, work space, and children clean and sanitized. However, I do not want to subject them to more chemicals than necessary. Here are a few recipes I have been using.

Hand Sanitizer

- ½ Cup Aloe Vera (I used the sun burn gel you can pick up at any store)
- 1 Cup Isopropyl Alcohol (should be a minimum of 60%)

5 Drops Thieves Essential Oil (you can also use a Lavender, Tea Tree, Purification, or citrus blend)

Storage Container (I used small glass spray bottles)

Combine all ingredients very well. I mixed these in individual glass bottles and shook them until well mixed. This recipe can be easily duplicated for larger batches.

There have been times when I have run out of Thieves household cleaner. This is a recipe I have found success with however; I still prefer Thieves cleaner when available.

Multipurpose Cleaner

Glass Spray Bottle

Water

White vinegar

20 Drops Thieves Essential Oil

10 Drops Purification Essential Oil

10 Drops Lemon Essential Oil

Fill bottle two thirds with water, top off with vinegar, add essential oils, and shake well. This can be stored, just shake well before using.

What about the air around you? Does your house smell "lived in"? We are a family of 5, my youngest contracted Influenza B earlier this year. Thankfully the rest of were able to avoid it. This is the diffuser blend I had going around the clock all over my house. I call it:

Better than Lysol Diffuser

5 Drops Thieves

2 Drops Purification

2 Drops ImmuPower

2 Drops Eucalyptus Radiata

Looking for something to keep the kids entertained? Have fun making playdough for hours of entertainment!

Playdough

1 Cup Flour

¼ Cup Salt

¾ Cup Water (minus 3 Tablespoons)

3 Tbsp Lemon Juice

1 Tbsp Cooking Oil

Food Coloring

1 – 2 Drops Favorite Essential Oils (try Kid Scents Geneyus or Peace & Calming) per dough color

Measure water & lemon juice into microwave safe bowl. Heat in microwave until just boiling (~ 3 minutes).

Mix together the flour and salt. Add essential oils and food coloring to water/lemon juice mixture.

Slowly pour liquid into the flour and salt. Stir until it just begins to form a dough. Drizzle oil over top and stir again until it forms a ball. This is where I let the kids take over, and begin kneading it by hand. It may be a bit sticky but do not add more flour. Once dough cools completely store in an air tight container. Repeat for multiple colors.