



***Lansing Essential Oils Newsletter***

***William Lansing***

***YL #340519***

**November 2022**

3266 275<sup>th</sup> St, Worthington, IA 52078

563-926-2534

Lansingessentialoils.com

[Lansingessentialoilsinc@gmail.com](mailto:Lansingessentialoilsinc@gmail.com)

Newsletter specific: [Lansingessentialoilsnewsletter@gmail.com](mailto:Lansingessentialoilsnewsletter@gmail.com)

***We do not treat or diagnose. This newsletter is intended for informative purpose ONLY. If you have an illness or personal issue it is always best to consult your physician.***



**REMINDER: Temperatures will soon be dropping below freezing in many areas. Be conscious of packages being delivered that may be subject to freezing and breakage. We recommend ordering Ningxia Red in the 2oz singles.**

## CLASSES

***Young Living Class will be held the first Thursday of every month at 6:30 PM at the Westminster Presbyterian Church- 2155 University Ave, Dubuque, IA***

### ***Young Living's monthly gift with purchase for November***



**300 PV Retail \$ 198.68**

Digest & Cleanse softgels 30ct, YL Vitality Drops Grapefruit Bergamot 1.6 Fl. Oz., Thieves Waterless Hand Sanitizer 7.6 oz, Loyalty order: DiGize essential oil 15ml and 10 Loyalty Rewards points.



**250 PV Retail value \$156.90**

Thieves Chest Rub 1.7 oz, YL Vitality Drops, Grapefruit Bergamot 1.6 fl.oz. Thieves Waterless Hand Sanitizer 7.6 oz, Loyalty order: DiGize essential oil 15ml and 10 Loyalty rewards points



**190 PV Retail value \$117.43**

YL Vitality Dops Grapefruit Bergamot 1.6 fl.oz, Thieves Waterless Hand Sanitizer 7.6 oz Loyalty order DiGize essential oil and 10 Loyalty rewards points

**100 PV Retail value \$13.16**

10 Loyalty Rewards points

## Duet Diffuser available now!

The luxe, sophisticated Duet Diffuser is designed with dual-mist spouts that connect either a 5-, 10-, or 15-ml oil bottle, allowing you to choose between diffusing a single or a combined aroma of your two



favorite, undiluted oils. The convenient carrying handle and an integrated Bluetooth speaker let you create the right atmosphere anywhere you go.

**OmegaGize 120 Liquid Capsules Item # 3097**

**Retail \$89.47 Discount \$68.00 PV 68**



OmegaGize<sup>3</sup> combines the power of three core daily supplements: omega-3 fatty acids, vitamin D3, and CoQ10 (ubiquinone). These supplements combine with our proprietary enhancement essential oil blend to create an omega-3, DHA-rich fish oil supplement that may support general wellness. Used daily, these ingredients work synergistically to support normal brain, heart, eye, and joint health.\*

### FEATURES & BENEFITS

- Supports cardiovascular and skeletal health\*
- Supports normal, healthy brain function\*
- Supplies critical EPA and DHA nutrients\*
- Supports normal immune response and antioxidant levels\*
- Promotes normal eye, skin, and joint health\*

## ***NingXia Red- Get your monthly dose of NingXia Red!***



### FEATURES & BENEFITS

- Clinically shown to:
  - Provide energy support without caffeine\*
  - Increase physical energy levels significantly while reducing physical limitations\*
  - Support whole-body health and wellness\*
  - Improve sleep patterns, increasing time asleep\*
  - Reduce daily stress significantly to improve mental well-being\*
- Helps prevent oxidative stress\*
- Provides a nutrient infusion for whole-body support\*
- Contains a synergistic blend of Orange, Tangerine, Lemon, and Yuzu premium essential oils\*
- Contains powerful ingredients that are involved in many antioxidant processes\*
- Supports normal eye health\*
- Supports healthy digestion\*

### SUGGESTED USES

- Drink 1–2 ounces 2 times daily.
- Shake well before use.
- Best served chilled.
- Blend into your smoothie, acai bowl, or juice as part of a delicious breakfast.
- Combine with NingXia Nitro® for a drink that supports cognitive wellness.\*
- Add a drop of your favorite Vitality™ essential oil for an extra flavor boost.

### ***NingXia Punch Recipe for your holiday get togethers***

2 bottles of NingXia Red

2 bottles of Ginger Ale or Sprite

1 frozen lemonade

1 frozen orange juice

Cinnamon Bark Vitality, Orange Vitality and Lemon Vitality to taste

Water enough to dilute frozen juices



## Traditional Thanksgiving Stuffing

1 Cup Butter

1 lb day-old white French Bread, diced into ½" cubes and dried

1 large sweet Vidalia or yellow onion chopped

1 ½ Cups Celery chopped

½ Cup Italian flat leaf parsley leaves

3-4 Drops Sage Vitality

3 Drops Rosemary Vitality

2 Drops Thyme Vitality

2 ½ Cups Low Sodium Chicken Broth

2 Large Eggs

Salt & Pepper to taste

Preheat oven to 250. Place cubed bread on a baking sheet and bake stirring occasionally until dried out. About 45 minutes. Bread must be very dry to begin with. Transfer bread to a very large bowl and set aside. Preheat oven to 350 and spray 3qt baking dish with cooking spray

In a large skillet add ¾ cups of butter and melt over medium heat. Add in celery, onions, and cook until softened, and lightly browned. Transfer to bowl with bread.

In a separate bowl mix chicken broth, parsley, sage, rosemary, thyme, salt, & pepper. Whisk in eggs. Combine well and pour over bread, toss well to combine. Turn mixture out into prepared baking dish.

Dice the remaining butter in to pieces and evenly dot the butter over the top of the stuffing. Cover with foil and bake for 40 minutes. Uncover and bake for an additional 40-45 minutes or until top is lightly golden brown.

Serve immediately.

**Lansing Essential Oils**

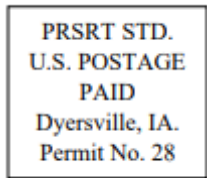
**3266 275<sup>th</sup> Street**

**Worthington, IA 52078**

**YL# 340519**

**August 2022**

**RETURN SERVICE REQUESTED**



To receive future newsletters via email, please send us an email from the requesting address.

We will then add you to our email list. The email address is [willylansing@gmail.com](mailto:willylansing@gmail.com)

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or mail: 3266 275<sup>th</sup> St. Worthington, IA 52078

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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Email: \_\_\_\_\_ If you have a change of address or Email, please let Young Living know so they can update your information also.