

## ***Lansing Essential Oils Newsletter***

***William Lansing***

***YL #340519***

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### **Update on Willy from Joan:**

Willy is home, God is good! Willy has made his way home where he is still doing a lot of rehabilitation, but it is always nice to be in your own home. Thank you again from the bottom of our hearts for all of the prayers, phone calls, cards, and messages. Your kindness has not gone unnoticed. Again, it is still business as usual for Lansing Essential Oils. Kathy can address business questions at 563-920-4730. Willy's cell phone is also being managed, you are welcome to leave messages or send texts there 563-543-5418.

We do ask that you not visit with Willy in person at this time. He is also still recuperating and will not be available to visit over the phone. He still loves to hear from all of you, and we pray he will be back soon. If you would like to send Willy a note of encouragement you are welcome to send them to the address above.



For you, it's only natural to focus outward and take care of the people you love. With May's PV promo, we're giving you the essential oils (with everyday tips to match) to take care of yourself as you work toward whole-body wellness!

As you take steps to transform your own life, start with your sprit. Rub minty-scented EndoFlex into the back of your neck to bring on the balance. Dip into a Frankincense-infused bath for a moment of mindful peace. Thank your body for its hard work with a pick-me-up Deep Relief Roll-on massage. This month, with these oils and more, remember that it's okay-totally encouraged actually to carve out a little "me" time.

**100 PV - Retail Value \$20.72 – Longevity Vitality Essential Oil 5mL.** For your wellness. Put your best foot forward and start each day by supporting a healthy immune system. Drink a big glass of water infused with 1-2 drops of Longevity Vitality. Power through post-workout. Reach for a healthy lifestyle by adding Longevity Vitality and Pure Protein Complete to your favorite shake after your daily sweat session.

**190 PV – Retail Value \$73.68– EndoFlex 15mL, Lavender 5mL, Longevity Vitality 5mL.** EndoFlex for your spirit. Add the Zen inducing scent of EndoFlex to your diffuser and practice whatever works-prayer, meditation, journaling-to care for and comfort your soul. Give gratitude a go. Add a few drops of EndoFlex and handful of Epsom salt to a steamy footbath. While kneading your tired toes, send up thoughts of thanks for your body, mind, and soul.

Lavender for your skin. Need post-sun skin soothing? Desperate to do away with the appearance of blemishes? Eager to age with grace? Use Lavender in your skin care routine, baths, and lotions for these advantages! Show your hair you care by adding a drop of Lavender to your favorite hair products.

**250 PV – Retail Value \$109.86 – Deep Relief Roll-on, EndoFlex 15mL, Lavender 5mL, Longevity Vitality 5mL** Deep Relief for your body. At the end of a day spent hunched over a computer, weeding the backyard, or running after toddlers, apply Deep Relief Roll-on to worn-out muscles and joints. Hustle a little harder. As you push yourself during your workout-fighting to do one more rep, go one more lap-breathe in the sharp scent of Deep Relief for a rush of motivation,

**300 PV – Retail Value \$209.20 – Frankincense 15mL, Deep Relief Roll-on, EndoFlex 15mL, Lavender 5mL, Longevity Vitality 5mL.** Frankincense for your mind. As a no-brainer game changer, you can inhale the meditative scent of Frankincense during your morning yoga practice or deep-think sessions for elevated clarity. Sleep on it. Take care of that big, beautiful brain of yours by finding peace of mind while you sleep. Just add a drop of Frankincense's supportive aroma to your pillow before lights out.

#### **Quick Order bonuses for one-time orders:**

**190 PV – Retail Value \$35.20 – EndoFlex 15mL.**

**250 PV – Retail Value \$71.05 – Deep Relief Roll-on, EndoFlex 15mL**

**300 PV – Retail Value \$172.69 – Frankincense 15mL, Deep Relief Roll-on, EndoFlex 15mL**

#### **COVID-19 and Young Living**

During this time of uncertainty Young Living is taking many steps to ensure the safety of their employees, farms, warehouses, and customers. Your patience and support during this trying time is greatly appreciated. First, they are working diligently to get orders shipped as quickly as possible. The increase demand has made this task a little more challenging. Please know your products will ship as soon as possible.

Additionally, if you order Thieves Hand Sanitizer it may come to you in an amber bottle with a pump. In an attempt to keep up with demand they are repurposing some materials. Rest assured it is the same great formula.

***We do not treat or diagnose. This newsletter is intended for informative purpose ONLY.  
If you have an illness or personal issue it is always best to consult your physician.***

## May's Highlighted Product

Lushious Lemon Foaming Hand Soap

Item No: 30948

Whs: \$14.75

Also available in a 3 pack (Item # 30842)



(No, that is not a misspelling it is intentionally spelled that way)

We are loving the new Lushious Lemon Hand Soap. Every time I use it, I have the lingering scent of Lemon Bars and summer! Your hands deserve the best cleansing ingredients that nature has to offer; indulge them with the bright aroma of Lushious Lemon Foaming Hand Soap. The invigorating fragrance of lemon uplifts the spirit while our trusted plant-based formula leaves your hands feeling soft and refreshed. With a revitalizing signature scent this Lushious Lemon Foaming Hand Soap will become a must-have by every sink in your home.

### We Miss You!

We hope you are all happy and healthy. We hope you have taken this time for some self-reflection and have become closer with those important people in your lives. When this is all over, we will have plenty of time for meetings and gatherings. Until that time, know that we miss seeing your faces and sharing our Young Living stories.

## New Product Highlight!

***Turn your water from boring to EXCITING with Vitality Drops!***

Water never tasted so good! YL Vitality Drops lets you hydrate naturally without sugar or artificial colors with the delicious flavors of both Grapefruit Bergamot and Lavender Lemonade that take your water to the next level. Formulated with naturally occurring electrolytes from the Great Salt Lake and all-natural flavors!



**Vitality Drops 4pk**, 2 Lavender Lemonade and 2 Grapefruit Bergamot. Item #30988. Whs \$35.75

**Vitality Drops 3pk**, 1 flavor Lavender Lemonade (Item #30130) or Grapefruit Bergamot (Item #30129) Whs \$27



## Welcome to the Thieves Family!

When anyone asks me what my favorite essential oil is, my answer is always Thieves. Thieves as an essential oil is very versatile. If you're not sure what to use, I recommend Thieves. We drink it in our hot chocolate, we clean with it, we diffuse it, we rub in on our feet when we're feeling under the weather. When I open one bottle, I'm always sure to order another one. I wanted to share with you the many amazing products available in the Thieves family you may not be aware of.

Young Living's proprietary Thieves essential oil blend was inspired by the legend of four 15<sup>th</sup>-century French thieves who formulated and wore a special aromatic

combination of clove, rosemary, vinegar, and other botanicals that they believed provided protection while they were stealing. French authorities recognized that there was such value in this mixture that upon the thieves' capture, they received a more merciful punishment on condition that they divulge the ingredients in their secret formula.

Each of the oils chosen for the Thieves blend brings its own unique set of properties:

**Clove** is one of the most antimicrobial and antiseptic of all essential oils. It is antifungal, antiviral, anti-infectious

**Lemon** has antiseptic like properties and contains compounds that amplify immunity. It promotes circulation, leukocyte formation, and lymphatic function.

**Cinnamon Bark** is one of the most powerful antiseptics known. It is strongly antibacterial, antiviral, and antifungal.

**Eucalyptus Radiata** is anti-infectious, antibacterial, antiviral, and anti-inflammatory.

**Rosemary** is antiseptic and antimicrobial. It is high in cineol, a key ingredient in antiseptic drugs.

Crafted in the spirit of that legendary combination, Young Living's one-of-a-kind Thieves essential oil blend can be found in all our Thieves products. Thieves imparts a spicy, welcoming aroma everywhere it's used.

**Thieves Essential Oil and Thieves Vitality** – This highly antiviral, antiseptic, antibacterial, anti-infectious essential oil. One study conducted in 1997 by Weber State University showed a 90% reduction in the number of airborne microorganisms after diffusing for 12 minutes. After 20 minutes of diffusing that percentage jumped to 99.3%!

**Thieves Cleaning Products** – Automatic Dishwasher Powder, strong enough to tackle even your dirtiest dishes. Thieves Dish Soap, includes Jade Lemon and Bergamot with other plant-based ingredients to power through the dirt and grime to leave your dishes sparkling. Thieves Fruit & Veggie Soak, a concentrate formulated to include DiGize, and Purification is sure to rid your produce of chemicals and bacteria. Thieves Household Cleaner, combined with natural plant-based ingredients is a powerful cleaner safe to use on counters, tables, and strong enough for your floors and dirtiest jobs. Thieves Laundry Soap, natural enzymes boost this powerful soap to leave your clothes fresh and clean with a light citrus scent. Thieves Spray, a

portable cleaning spray ideal for small surfaces while you're on the go. Thieves Wipes are infused with Thieves for quick cleaning that rivals leading commercial brands.

**Thieves Dental Care** – Thieves toothpaste is available in a wide variety of products all free from fluoride, synthetic dyes, and preservatives. AromaBright is the original that boasts a minty-fresh flavor for long-lasting fresh breath. Dentarome Ultra is great for removing stains from your teeth for a brighter smile. Dentarome Plus combines Peppermint and Wintergreen with baking soda for odor-absorbing fresh breath and a whiter smile. Thieves Whitening Toothpaste is a powerful whitening and cleaning agent boosting your confidence. Complete your dental care with Thieves Dental floss and Thieves Fresh Essence Plus Mouthwash which is effective without using alcohol, dyes, or artificial flavors.

**Thieves Personal Care Products** – Thieves Cleansing Soap, a bar soap ideal for purifying the skin. Thieves Foaming Hand Soap is an effective alternative to soaps that contain harsh and synthetic chemicals. Thieves Waterless Hand Sanitizer can be used anytime, anywhere thanks to its compact size.

**Thieves Tastes on the Go** – Thieves Cough Drops are formulated to help soothe sore throats, relieve coughs, and cool nasal passages. Thieves Hard Lozenges are infused with Lemon and Peppermint oil providing lasting results and freshness you can feel. Thieves mints are a natural sugar-free mint combined with Peppermint to provide a healthy alternative to freshen breath.

## Show your “Mom” you care with these DIY gifts

### Lemon Sugar Scrub

- 1 Cup Granulated Sugar
- ¼ Cup Grapeseed oil (or Extra Virgin Olive Oil)
- 10 Drops Lemon Essential Oil
- 5-10 Drops Thieves Essential Oil (optional)
- Glass jar for storage

Mix all ingredients together. You can adjust the amount of oil and essential oils to your desired smell and consistency. Place in glass jar.

### Moisturizing Body Butter

- 1 Cup Shea Butter
- ½ Cup Coconut Oil
- ½ Cup Olive Oil
- 20 Drops Essential oils (Peace & Calming, Joy, Royal Hawaiian Sandalwood, etc)
- Glass Jar for Storage

Melt shea butter, coconut oil, and olive oil together over the stove on low/medium heat. Once liquid remove from heat and let partly set (you can place in refrigerator to speed up). Add oils and whip with hand mixer until consistency of frosting. Place in glass jar.

