



Lansing Essential Oils INC. Newsletter

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We do not treat or diagnose. This newsletter is intended for informative purpose ONLY. If you have an illness or personal issue it is always best to consult your physician.



May's gifts with purchase are your cue to pause, reset, and care for the person who does it all—you! Featuring your favorite oils and blends, this month's picks bring soothing scents and grounding aromas to your self-care and wellness routines.

Spend 100 PV

Grounding™ essential oil blend, 5 ml

Find your ground. This warm, woody blend smells like walking through a peaceful forest. Add a drop to your palms with carrier oil, rub your hands together, and breathe in deeply as part of your daily reset—or whenever life feels a little chaotic.

Spend 200 PV

Valor® essential oil blend, 5 ml

Own your power. Known for its calming, uplifting aroma, Valor blend is a go-to for moments that call for courage. Apply it to your wrists before tackling a tough project, having a hard conversation, or hosting a community event.

Also includes Grounding Essential Oil blend 5ml.

Spend 300 PV

Lavender essential oil, 15 ml

Cue the calm. Lavender essential oil is known for its sweet, relaxing aroma and skin-soothing benefits. Diffuse it before bed or add it to your moisturizer after a sunny spring day.

Also includes Valor essential oil blend 5ml and Grounding essential oil blend 5ml.

***Young Living Class will be held the first Thursday of every month at
6:30 PM at the Westminster Presbyterian Church- 2155 University
Ave, Dubuque, IA***



Save 15% on the perfect duo for your self-care space.

Start your morning by setting your intentions with the inspiring aroma of Highest Potential™ blend, then reach for the peaceful scent of White Angelica™ blend as you wind down your day.

Spring Diffuser Recipes

Sweet Springtime Renewal

3 drops Grapefruit oil
3 drops Lavender oil
3 drops Ylang Ylang oil

Freshen Up

2 drops Thyme oil
2 drops Rosemary oil
2 drops Grapefruit oil
2 drops Eucalyptus Radiata oil

Summer diffuser recipe Good, Clean Sun

5 drops Ylang Ylang oil
5 drops Lavender oil
1 drop Ravintsara oil
1 drop Eucalyptus Globulus oil

Sweet diffuser blend Apple Pie

4 drops Cinnamon Bark oil
2 drops Bergamot oil
2 drops Grapefruit oil
2 drops Lemongrass oil