



***Lansing Essential Oils INC. Newsletter***

***William Lansing***

***YL #340519***

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***We do not treat or diagnose. This newsletter is intended for informative purpose ONLY. If you have an illness or personal issue it is always best to consult your physician.***



***May's gifts with purchase are all about intentional wellness and self-care. Whether it's a warm cup of tea, a deep breath, or a daily routine that helps you feel more like yourself, these gifts support the rituals that support you.***

## *Spend 100 PV*

**Loyalty order: Lavender Vitality™ essential oil, 5 ml**

**Retail value: \$18.09**



With its delicate floral flavor and antioxidant properties, Lavender Vitality is the perfect addition to your nighttime routine. Add 1 drop to a calming cup of tea for a peaceful experience.

## *Spend 200 PV*

**Valor® essential oil blend, 5 ml**

**Retail value: \$77.96**

Gentle, grounding resets are an important part of any wellness routine. While you meditate or take some deep breaths, try this tip: Rub 2 drops of Valor blend between your palms, cup them together, and breathe in the comforting scent. Also includes Lavender Vitality 5ml.



## *Spend 300 PV*

**Super Magnesium™ supplement**

**Retail value: \$121.38**



From a.m. to p.m., Super Magnesium supports healthy, normal energy levels, a calm nervous system, restful sleep, and metabolic health. It's made with one of the most bioavailable forms of magnesium and a melon juice concentrated to help deliver it where it's needed. Also includes Lavender Vitality 5ml and Valor 5ml.

## **May Loyalty Order Offer**

Caring for yourself starts with the essentials. Mineral Essence™ supplement delivers ionic minerals your body can easily absorb—now 15 percent off on May loyalty orders while supplies last.



## Spring Fling Has Arrived

Our Spring Fling collection has sprung! Discover fresh favorites that make shifting to a happier, healthier home simple. The new boxed Make a Shift™ Happy, Healthy Home™ Kit, Fresh Lemon™ Glass Cleaner Concentrate, and Fresh Lemon™ Foaming Hand Soap Concentrate Refill join our permanent lineup. Everything else is here while supplies last.



### **DIFFUSER RECIPES**

#### **Fresh & Clean Blend**

*2 drops Lavender essential oil*

*2 drops Lemon Essential oil*

*2 drops Rosemary essential oil*

#### **Seasonal Support Blend**

*2 drops lavender essential oil*

*2 drops lemon essential oil*

*2 drops peppermint essential oil*

#### **Odor Eliminator Blend**

*2 drops lemon essential oil*

*1 drop lime essential oil*

*2 drops melaleuca quinquenervia essential oil*

### **CLASSES:**

***Young Living Class will be held the first Thursday of every month at  
6:30 PM at the Westminster Presbyterian Church- 2155 University  
Ave, Dubuque, IA***